

Wellness Program

Administered by Wellable

Why join Wellable?

This program will provide you with an opportunity to receive rewards for improving your well-being! Each month, you will earn Wellable Points for tracking your physical activity as well as learning about and engaging in behaviors associated with a new holistic wellness topic.

Based on the number of Wellable Points you earn each quarter, you will be placed into a tier according to the graphic below. This will determine the reward you will receive for all your hard work toward being healthy.

TIER	WELLABLE POINTS	REWARD
1	9,000 – 17,999	\$100
2	18,000 – 44,999	\$200
3	45,000+	\$300

Engage in a healthy lifestyle by participating in Wellable!

Check out the great offerings at your fingertips by visiting app.wellable.co or download Wellable in your App store to get started!

